I understand that New York Road Runners (herein referred to as "NYRR"), has contracted with the United States Anti-Doping Agency ("USADA") to conduct doping control services in conjunction with NYRR hosted events (individually, an "Event" and collectively, the "Events"), including sample collection and analysis, results management, and the adjudication of disputes involving potential anti-doping rule violations for participants in the Events. I understand and agree that by virtue of signing this Consent, I am subject to doping control conducted by USADA. I understand and agree that the World Anti-Doping Code ("Code") and the USADA Protocol for Olympic and Paralympic Movement Testing and its Annexes ("USADA Protocol") apply to me and constitute the anti-doping rules for the Events, and that I am required to abide by all such rules and by the anti-doping rules of NYRR, my International Federation ("IF") or National Federation ("NF"), and the IF or NF sanctioning the Event. I further understand and agree that NYRR shall recognize and enforce any sanction imposed against me by USADA, the IF or NF sanctioning the Event, or any other Code Signatory that results from a violation of the applicable anti-doping rules, regardless of whether such violation occurred during the Events.

I agree that during the Events and for up to ninety (90) days thereafter as may be needed for follow-up testing, I will be subject to anti-doping testing for any substance or method on the World Anti-Doping Agency ("WADA") Prohibited List: <u>http://www.usada.org/prohibited-list/</u>. I agree to submit to anti-doping testing by USADA immediately upon notification that I have been selected for drug testing and to provide complete whereabouts information to USADA in the event that follow up testing should become necessary. It is my responsibility to know and understand all anti-doping rules applicable to me prior to signing this Consent, including the requirement to obtain a Therapeutic Use Exemption prior to using any medication containing a Prohibited Substance or Prohibited Method. The Code is available online and may be found at <u>http://www.usada.org/wp-</u>content/uploads/USADA protocol.pdf. Information regarding Prohibited Substances and Methods and TUE applications is available online and may be found at <u>http://www.usada.org/substances</u>.

I understand that significant penalties exist for any anti-doping rule violation and that such violations may be established through any reliable means including, but not limited to, drug testing, admissions, third-party testimony, and circumstantial evidence. If I am charged with an anti-doping rule violation I agree that my case will be administered in accordance with the USADA Protocol. I, on behalf of myself, my team, my sponsors and all who may claim through me, agree that arbitration under the terms of the USADA Protocol is our sole and exclusive legal recourse and means of addressing any charge of doping, ineligibility, loss of results or any other issues arising from any anti-doping rule violation or any other matter arising in connection with the collection, transport, and analysis of my sample(s), results management, or the reporting or communication of drug testing information or doping control results by USADA or its designees. I, on behalf of myself, my team, my sponsors and all who may claim through me, hereby waive and release any other right, remedy, claim or cause of action involving USADA, NYRR, the IF or NF sanctioning the Event, or any other party relating to doping control and/or the handling, analysis and reporting of my sample(s) or the administration of any potential or actual antidoping rule violation. In the event that I challenge the laboratory results or otherwise contest any charges from USADA that I committed an anti-doping rule violation, and am then found to be in violation of the USADA rules, I understand and agree that I will reimburse NYRR for any and all costs associated with the results management of my case.